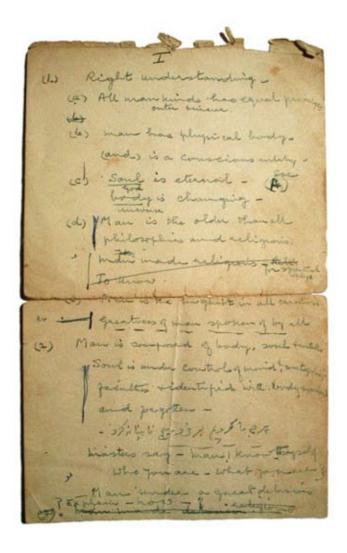
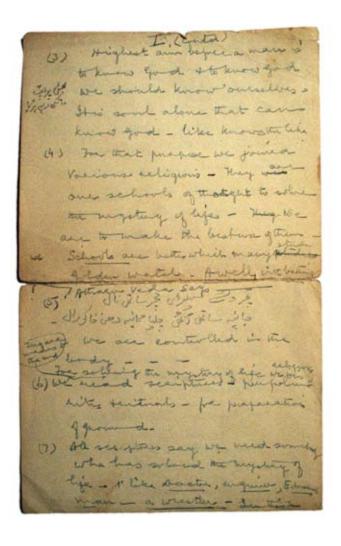
Right Understanding

Original handwritten notes from Sant Kirpal Singh about essentials of the teaching in short form



- (1) Right understanding
 - a) All mankind has equal privileges outer and inner
 - b) Man has physical body (and) is a conscious entity
 - c) Soul (God) is eternal (see A) body (universe) is changing
 - d) Man is the older than all philosophies and religions (crossed out: man made religions for spiritual uplift to know).
 Man is the highest in all creation Greatness of man spoken of by all
- (2) Man is composed of body, soul and intellect, soul is under control of mind and outgoing faculties and identified with body and ... forgotten ... Masters say "Man! Know thyself, who you are, what you are. Man under a great delusion Explain how -



- (3) Highest aim before a man is to know God and to know God we should know ourselves. It is soul alone that can know God like knows the like.
- (4) For that purpose we joined various religions they are our schools of thought to solve the mystery of life. We are to make the best use of them. Schools are better which many students Golden watch. A well with bathing. Atharya Veda says -
- (5)...We are controlled in the body ... for solving the mystery of life we join religions. They are means to the end.
- (6) We read scriptures perform rites and rituals for preparation of ground –
- (7) All scriptures say we need somebody who has solved the mystery of life like